

Level 3 Health Trainers

Course Name (inc awarding body)	City and Guilds Level 3 Certificate for Health Trainers
Academic level	Level 3
Who is this course for/ target group	Health Trainers are a new workforce to be recruited from the community, they will have experience and understanding of what it is like to live in the community, they may also be already working in the sector and would gain from the skills and knowledge associated with the Health Trainer to enhance their existing role
Brief about content	<p>The Level 3 Certificate for Health Trainers will provide you with the knowledge and skills to act as Health Trainers, focusing on communicating with individuals in your community, in order to help them change their behavior to improve health and well being.</p> <p>The course is made up of 4 Units</p> <p>301 Establishing and maintaining relationships with communities while working as a Health Trainer</p> <p>302 Communicate with individuals about promoting their health and wellbeing while working as a Health trainer</p> <p>303 Enable individuals to change their behavior to improve their health and well being while working as a Health Trainer</p> <p>304 Manage and organise your time and activities</p> <p><i>(The course includes a Continuing Professional Development element which will involve six sessions delivered by the Health Promotion Team on a range of Saturdays to support the areas for Health Improvement strategies.)</i></p>
Assessment strategies	You will be given assignments designed to achieve clear learning outcomes, which will be then graded at a pass or a fail
When and how long (start date number of	September 2009

weeks and hours)	36 weeks Thursdays 6-9.00
Where	Delancey
Cost	£630 Plus Registration and Enrolment
Contact	lorraine@gcfe.net Tel.750200