

How do I get the qualification?

By a series of projects (assignments) based on:

- classroom study
- work experience
- 'real' work with Guernsey recreation businesses
- field visits
- event organisation
- sport based scenarios

Contacts

'I'm interested in the Forces'
'I want to coach football'
'I want to teach aerobics'
'I want to be a sports development officer'
'I want to be a sports teacher'
'I want a degree in sport'
'I want an active career'

If you recognise yourself in any of these statements, then the Level 3 BTEC qualification in Sport or Sport & Exercise Sciences are the courses you need to find out about. For further information, please contact:

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Level 3 BTEC Certificate & Diplomas in **Sport** (Development, Coaching and Fitness) or **Sport & Exercise Sciences**



Sport (Development, Coaching and Fitness) or Sport & Exercise Sciences

Subjects studied

Assessment

The Level 3 BTEC qualifications in Sport or Sport and Exercise Sciences are two year full-time courses.

The aims of the courses are for you to be introduced to sport, exercise and fitness and to understand sports development and the leisure industry.

A Level 3 qualification is a work related qualification at advanced level. You will spend time on practical assignments and work closely with the local sports industry.

During the first year you may study nine units. During the second year you will study a further nine to complete an eighteen unit award, which is equivalent to three A levels.

You will be expected to work in teams and also by yourself and be responsible for managing your own workload.

The course covers a wide range of topics including practical work experience and fitness.

Some of the subjects you will study are:

- Sports psychology
- The body in action
- Rules and regulations
- Health and safety in sport
- Sports massage and therapy
- Fitness and testing
- Sports coaching
- Sports nutrition
- Sports development
- Organising sports events
- Practical sports studies

Further specialist units are delivered dependent on whether students follow a Sports (development, coaching and fitness) or a Sports and Exercise Sciences pathway.

Assessment of units is through assignment work, which is set and marked by the college staff.

Successful students will be able to find employment at health clubs, gyms, leisure centres or progress to university to study a sport or fitness related degree courses.

Applicants for the course should have at least four grade Cs at GCSE. Dependent on pathway, students should attain C grades in maths and/or English and/or sciences and preferably PE.