

# Course details

# Contacts

## Level 3 City and Guilds Certificate for **Health Trainers** Part time courses

Starting September 2010

### How long

36 weeks  
Thursdays 6 - 9pm

### Where

Delancey campus

### Fee

Approximately £630 plus registration and enrolment

If you would like to find out more about the Level 3 City and Guilds Certificate for Health Trainers, please contact:

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# City and Guilds Certificate for Health Trainers

## Content

## Assessment strategies

Health trainers are a new workforce to be recruited from the community. They will have experience and understanding of what it is like to live in the community. They may also be already working in the sector and would gain from the skills and knowledge associated with the health trainer to enhance their existing role.

The Level 3 Certificate for Health Trainers provides the knowledge and skills to act as health trainers, focusing on communicating with individuals in your community, in order to help them change their behaviour to improved health and well-being.

The course encompasses:

- establishing and maintaining relationships with communities while working as a health trainer
- communicate with individuals about promoting their health and well-being while working as a health trainer
- enable individuals to change their behaviour to improve their health and well-being while working as a health trainer
- manage and organise your time and activities

The course includes a continuing professional development which will involve six sessions delivered by the health promotion team on a range of Saturdays to support the areas for health improvement strategies.

You will be given assignments designed to achieve clear learning outcomes, which will be then graded at a pass or a fail.

You will also be assessed practically.