For further information, please contact **Gillian McCartney** 

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## **Guernsey College of Further Education**

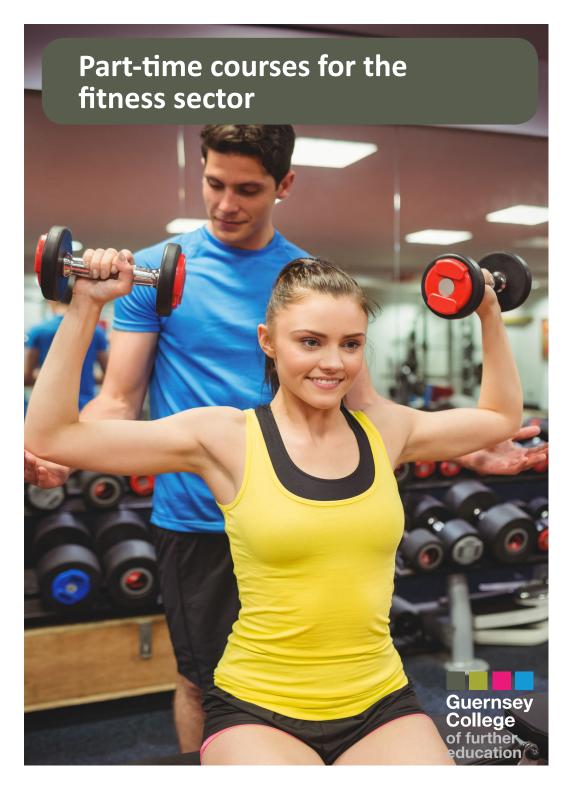
**Chairman** Julian Winser **Principal** Louise Misselke RGN, BSc, MSc, Cert Ed.

**Tel**: (01481) 749940 **Email**: college@gcfe.net

Web: www.guernseycollege.ac.gg

Address: Les Ozouets Campus, Les Ozouets, St Peter Port, GY1 UBT





# **Part-time Sport and Fitness Instruction qualifications**

#### Introduction

Are you interested in working in the health, fitness and leisure industry? Or do you already work in the industry and want to enhance your skills? The demand for qualified individuals in this sector is growing and we are excited to announce a new suite of qualifications tailored to meet these needs.

### Level 2 in Fitness Instructing ref - SP02E101

This qualification includes the required elements to work effectively and competently as a fitness instructor in a gym based exercise setting, developing the knowledge and skills to plan/instruct gym based exercises and personal training programmes.

**Duration** Up to 36 weeks

**Location** Les Ozouets Campus/Online

Fee £700 (includes e-learning materials)

#### **Level 3 Personal Training** ref - SP09E1

This qualification includes the required elements to work efficiently and competently as a personal trainer in a gym based exercise setting, developing the knowledge and skills to plan/instruct gym based exercises and personal training programmes.

**Duration** Up to 36 weeks

**Location** Les Ozouets Campus/Online

**Fee** £1,900 (includes e-learning materials)

## **Level 3 Diploma in Sports Massage Therapy** ref - SP11E1

This is a technical level qualification aimed at developing the knowledge, understanding and technical skills needed for a career as a Sports Massage Therapist, either employed or self-employed. Students who complete this qualification will be able to gain employment and obtain insurance to work in this industry.

**Duration** 36 weeks

**Location** Les Ozouets Campus

**Fee** £1,500

#### Level 3 Exercise Referral ref - SP12E1

The Level 3 Diploma in Exercise Referral is a technical level qualification which provides delegates with the knowledge, understanding and skills to work as an Exercise Referral Instructor, planning and delivering safe and effective programmes for patients with a number of medical conditions. Delegates must have one of the following qualifications: Level 2 Certificate in Fitness Instructing or Level 3 Certificate in Personal Training. This course is delivered as a combination of online and practical assessment.

**Duration** 36 weeks

**Location** Les Ozouets Campus/Online

**Fee** £1,900 (includes e-learning materials)

