

**Health**

& **Social Care**

**Level 3**

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| **In this booklet you will find the necessary content to prepare you for your****transition from GCSE to this course.****Below are some recommended exercises to complete before you join us in****September.** |

**The purpose of giving you a summer bridging task**

i. To provide a bridge from school to college that leads into the early stages of the course

ii. To engage you in independent learning which is required at college

iii. To encourage you to develop your work ethic and commitment to study

iv. To measure your suitability for the course and assess your initial levels of achievement

**All of your work must be typed and clearly presented – please reference your work where possible**

**Task 1:**

Conduct some research into different health and social care careers. Pick three careers that may be of interest to you and produce a powerpoint/Google slide presentation that includes the following information:

* Entry requirements
* Personal characteristics and skills required
* Roles and responsibilities

**Useful resources:**

[**Explore roles**](https://www.healthcareers.nhs.uk/explore-roles)

[**Working in social care**](https://www.healthcareers.nhs.uk/working-health/working-social-care)

[**Job roles in social care**](https://www.skillsforcare.org.uk/Careers-in-care/Job-roles/Job-roles-in-social-care.aspx)

**Task 2:**

The 6Cs are a set of values for all health and social care workers. The 6Cs are:

* Care
* Compassion
* Commitment
* Courage
* Communication
* Competence

Conduct some research and produce a poster that describes the 6 Cs.

**Task 3:**

The Government has introduced a wide range of measures to improve the quality of health and social care services in the UK. There have been far too many reports of poor quality care in hospitals and care homes. One hospital which triggered significant changes in the provision of care was Stafford Hospital.

Watch the video on ‘Stafford- The Hospital That Didn't Care- Patients Left To Die- BBC Special’ and make notes. Consider how Stafford Hospital failed to demonstrate the 6 Cs.

<https://www.youtube.com/watch?time_continue=544&v=iHXOFS9ec2Q&feature=emb_logo>

**Documentaries:**

Jesy Nelson Odd One Out, Call the Midwife, Katie Piper: My beautiful face, Crisis in Care: BBC Panorama, Health before the NHS- The road to recovery, Rio and Kate: becoming a stepfamily, Rio Ferdinand: Thinking Out Loud: Love, Grief and Being Mum and Dad, Supersize v Superskinny, Britain’s Hidden Hungry, The Big Hospital Experiment, The Secret Life of 4 and

5 Year Olds, Old People’s Home for 4 Year Olds and Mum, Dad, Alzheimer’s and Me.

**BRING YOUR WORK TO YOUR FIRST LESSON**