**Level 1**

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| **The progress to… curriculum has been designed to give you the opportunity to study a broad range of units and explore different career pathways.** **You will develop personal skills that are transferable such as positive communication and organisation. In addition to skills that are specific to your chosen career pathway.** |



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| **In this booklet you will find the necessary content to prepare you for your****transition from school to this course.****Below are some recommended exercises to complete before you join us in****September.** |

**The purpose of giving you a summer bridging task**

i. To provide a bridge from school to college that leads into the early stages of the course

ii. To engage you in independent learning which is required at college

iii. To encourage you to develop your work ethic and commitment to study

iv. To measure your suitability for the course and assess your initial levels of achievement

**All of your work must be clearly presented – please include where you got your information from where possible**

**Task 1:**

**Tell us a little bit about yourself, write about a side of A4 giving information about**

* What your likes and dislikes are
* What career you would like to go into and why
* What your strengths are (what do you find easy)
* What you would like to get better at (what do you find difficult)
* Your interests and hobbies
* Any work experience or part time jobs you have had

**Task 2:**

**Can you find definitions of the following words, you will regularly use these for completing your coursework criteria**

* Identify
* Outline
* Describe
* Explain
* Review
* Give feedback
* Evaluate

**Useful resource:**

[**https://www.ocr.org.uk/Images/273311-command-verbs-definitions.pdf**](https://www.ocr.org.uk/Images/273311-command-verbs-definitions.pdf)

**Task 3: Most careers are based around good communication and teamwork you will need to be able to identify and demonstrate some of these skills.**

Watch one of the following

* The Apprentice <https://www.bbc.co.uk/programmes/b0071b63>
* I’m a Celebrity Get Me Out Of Here <https://www.itv.com/imacelebrity>
* DIY SOS <https://www.bbc.co.uk/programmes/b006pnjk>
* The Island with Bear Grylls <https://www.channel4.com/programmes/the-island-with-bear-grylls/episode-guide/series-1>
* You could include an example from a programme of your own choice if it is appropriate to
1. **Outline** 3 examples of when the team worked together well.
2. **Identify** and explain 3 factors which would prevent the team working well together.
3. Finally can you **Review** this information and recommend 5 top tips for good communication and 5 top tips for effective teamwork.

**BRING YOUR WORK TO YOUR FIRST LESSON**