

Part-time courses for the fitness sector



Part-time Sport and Fitness Instruction

Introduction

Are you interested in working in the health, fitness and leisure industry? Or do you already work in the industry and want to enhance your skills? The demand for qualified individuals in this sector is growing and we are excited to announce a new suite of qualifications tailored to meet these needs.

Level 2 Certificate in Gym Instructing ref - SP02E101

This qualification includes the required elements to work effectively and competently as a fitness instructor in a gym based exercise setting, developing the knowledge and skills to plan/instruct gym based exercises and personal training programmes.

Duration Up to 36 weeks
Location Les Ozouets Campus/Online
Fee £700 (includes e-learning materials)

Level 3 Diploma in Personal Training ref - SP09E1

This qualification includes the required elements to work efficiently and competently as a personal trainer in a gym based exercise setting, developing the knowledge and skills to plan/instruct gym based exercises and personal training programmes.

Duration Up to 36 weeks
Location Les Ozouets Campus/Online
Fee £1,900 (includes e-learning materials)

Level 3 Diploma in Sports Massage Therapy ref - SP11E1

This is a technical level qualification aimed at developing the knowledge, understanding and technical skills needed for a career as a Sports Massage Therapist, either employed or self-employed. Students who complete this qualification will be able to gain employment and obtain insurance to work in this industry.

Duration 36 weeks
Location Les Ozouets Campus
Fee £1,500

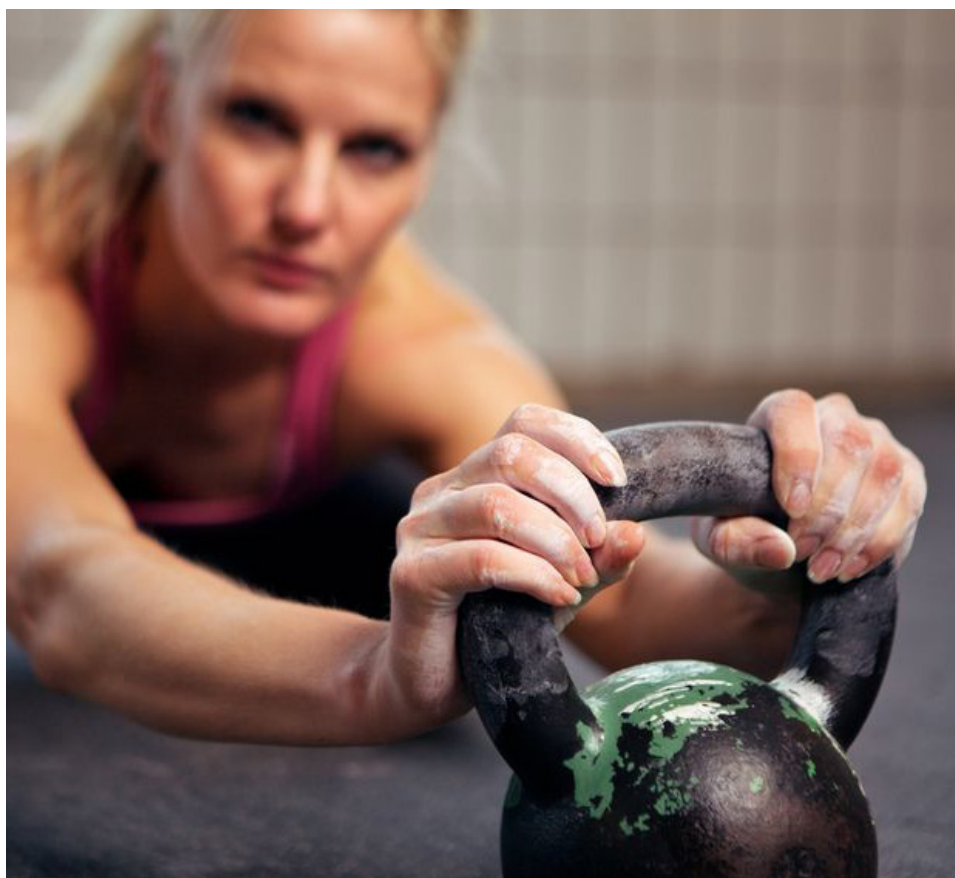


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Level 3 Diploma in Exercise Referral ref - SP12E1

The Level 3 Diploma in Exercise Referral is a technical level qualification which provides delegates with the knowledge, understanding and skills to work as an Exercise Referral Instructor, planning and delivering safe and effective programmes for patients with a number of medical conditions. Delegates must have one of the following qualifications: Level 2 Certificate in Gym Instructing or Level 3 Diploma in Personal Training. This course is delivered as a combination of online and practical assessment.

Duration	36 weeks
Location	Les Ozouets Campus/Online
Fee	£1,900 (includes e-learning materials)



For further information, please contact

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