



**Guernsey
College**
of further
education

VISIONS
 hair & beauty

Welcome to your initial study pack



Welcome to hairdressing and beauty therapy. As part of your course you'll learn lots of different skills and techniques to help you build and fantastic career in the industry. This book will give you an idea of some of the topics you can expect to learn whilst you are studying with us and give you a head start when you begin your studies with us in September. It also includes a bridging assignment for your progression.

Task 1: Create a mood board



Mood board criteria

The make-up, hair and beauty industry are very creative and you will have to develop your artistic skills to get the most out of your studies.

Part of this bridging assignment requires you to create an image based on a theme.

For this you need to design a mood board, and plan your hair, makeup and nail design.

A mood board is a collection of ideas and images based on a given theme. Design your own mood board based on a theme of your choice.

Some ideas are: Nature - Hollywood - Fantasy - Avant Garde - Historical - Cultural

Take a picture of your finished mood board and send it to us: visions@gcfe.net

Just for Fun: Test your knowledge

Test your current knowledge of the hair, beauty and make-up industry.

Click on the links below to see what you know – and what you don't.



<https://www.bellusacademy.edu/blog/test-your-beauty-knowledge-take-our-quiz/>

<https://www.proprofs.com/quiz-school/story.php?title=pp-test-your-cosmetics-knowledge-with-this-quiz>


<https://play.howstuffworks.com/quiz/makeup-quiz>

Task 2. COMMON DISORDERS

Find the descriptions that matches the condition name 7 add a picture to complete the condition (they are currently mixed up!)

Use the internet to try and match up the names, pictures and descriptions.

You can colour code the conditions to match up: for example

Condition	Description	Picture
Sunburn	A dark, sometimes raised area of skin.	
Moles	The skin will be red, sore and can sometimes have blisters. The skin may be peeling.	

Condition	Match up the condition with the name	Find a picture on the internet
Psoriasis	Fungal infection. Starts as a red spot, spreading out and healing from the centre.	
Ringworm	Caused by an itch mite. Very itchy. Silvery lines on the skin	
Impetigo	Red, itchy, broken and sore skin. Caused by allergies or stress	
Scabies	Silvery scales on the skin, most commonly on the elbows, knees and scalp.	
Eczema	Red, swollen, itchy. Appears within 24 hours	
Allergies	Bacterial infection. Honey coloured crusts	

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Below are some links to a selection of online tutorials Pick a few to watch and practice at home to see if you can replicate the looks. Alternatively, find your own favourite video, replicate that look.

Send us your pictures through: Visions@gcfe.net

Cut crease - <https://www.youtube.com/watch?v=NIDItJvgQ3M>

Gold cut crease – https://www.youtube.com/watch?v=_uNIGGOgR9E

Smoky eye – <https://www.youtube.com/watch?v=NonCmCOimtE>

Simple up-dos- <https://www.youtube.com/watch?v=bDfw2fbLxqw>

Simple nail designs - https://www.youtube.com/watch?v=EIL895fr_Jg



Task 4: Salon ethics & personal presentation

1. Create a poster showing how a beauty therapist should present themselves whilst working in a salon environment to include:

Hair, nails, makeup & personal hygiene

Uniform

How they should conduct themselves (behaviour & attitude)

What hygiene they should abide by



Thank you

We hope you enjoy completing this introduction into what to expect at college & we look forward to welcoming you on campus.

If you have any questions please don't hesitate to ask and contact one of the tutors:

Mark Rayment: mrayment@gcfe.net - Hairdressing

Claire Monti: clairem@gcfe.net - Hairdressing

Ali Black: alib@gcfe.net - Beauty Therapy

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