

# Sport & Leisure



THE  
GUERNSEY  
INSTITUTE

# Sport & Leisure

## Purpose of the Course

Our Level 2 Sport course is designed to give you a comprehensive experience of the skills and knowledge required to work within the sports industry, either directly after the course or after progressing onto our Level 3 Sport course.

## Personal Development & Skills

This course will provide opportunities for you to go beyond a pure focus on all things sport-related, as there is a strong thread of personal and skills development embedded in your course allowing you to become reflective, independent participants, leaving the course with self-awareness and an ability to access and apply the knowledge you have gained in a variety of settings.

In addition, you will participate in enrichment activities such as healthy cooking, basic car maintenance, communication skills and develop a deeper understanding of the society we live in by having the opportunity to explore and discuss current affairs.

## Course Duration

One year, full-time

## Campus

Delancey

## Course Outline

This course contains practical units to improve your coaching and instructing ability whilst improving your confidence and professionalism. Alongside the physical aspects, the course also teaches strong foundations to help you understand the industry and the academic and employer related skills that will be required.

In addition to this qualification, you will also study:

- A variety of Level 1 and Level 2 coaching qualifications including Level 1 and Level 2 Rugby, Safeguarding and First Aid
- Fitness and Physical Activity YMCA Award Level 1 Assistant Gym Instructor qualification

You will study subjects in a practical way where possible, however even within practical subjects there will be an element of theory and portfolio building work to be completed.

Example of units covered:

- Practical sport
- Anatomy and physiology for sport
- Fitness testing and training
- Planning and leading sports activities
- Psychology for sports performance

## Entry Criteria

Four GCSEs at grade D/3 or above, across a range of subjects preferably English language and maths or successful completion of a Level 1 qualification, or relevant experience for mature students.



## Assessment Method

You will undertake a mixture of coursework and practical assignments.

You will be assessed in a range of styles including written assignments, practical application of knowledge and sector relevant production of materials and presentations suitable to the assignment scenario.

Your work will be assessed by your lecturers, internally verified and then externally verified by the awarding organisation.

## Progression Opportunities

To progress onto the Level 3 Sport course you will need to have successfully completed your Level 2 programme with a merit or distinction, English language at Level 2 and attained overall attendance greater than 88%.

There are also a range of employment opportunities including entry into the local leisure and fitness industry, or progression onto an alternative Level 3 programme.

Your tutors will provide information, advice and guidance to help you make informed decisions about your next steps.

## Additional Learning Support

As part of your learning programme, if you have not yet attained a grade C/4 or equivalent in mathematics and English language, you will be required to study a Functional Skill or GCSE in these subjects.

Some students may require additional support for a number of reasons. At the start of your course you will be asked to complete an initial assessment in order for us to identify any additional needs that you may have. During your course, your personal tutor will be able to guide you on how best to access support.

We can offer the following:

- Progress Coaches
- Learner Support assistance (1:1)
- Learner Support assistance (group)
- Learner Support assistance (drop-ins)
- Specialist ESOL teaching
- Study lab sessions
- In-class support
- Special arrangements for exams

## Equality & Diversity

We welcome and celebrate the diversity of our student population. We value and recognise differences in race, gender, sexual orientation, disability, religion or belief and age. Our aim is to provide a learning environment that is inclusive and we are committed to removing conditions that put anyone at a disadvantage.





**For more details or how to apply, please contact: Gemma Honey**  
**gemmah@gcfe.net (01481) 220200**

## College of Further Education

Principal Dr Louise Misselke RGN, BSc, MSc, Cert Ed.

 (01481) 220200

 college@gcfe.net

 [www.guernseycollege.ac.gg](http://www.guernseycollege.ac.gg)

 Delancey Campus, Rue des Monts, St Sampson's, Guernsey, GY2 4HS

 GuernseyCollege

 @GuernseyCollege

 Guernsey College of Further Education

 @GuernseyCollege



*NB: Course information correct at time of print.*

*Courses offered may be subject to change and will run subject to minimum numbers.*

*November 2023*